## Herbolean

Capsule

**Safe & Effective Herbal Fact Reducer** 

#### Mechanism of action on the basis of Pharmacological study

- · Very effective in obesity and dyslipidemia.
- Correct the lipid profile and reduces the risk of diabetes and heart diseases.
- Regularise the endocrinal function and corrects the tissue metabolism.
- Reduces the extra fat from the body, so the body becomes slim & slender.
- Safe for regular long term use.

**Dosage:** 1 to 2 Capsules two to three times a day or as advised by the qualified medical practitioner.

**Presentation:** 60 Capsules.





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**Safe & Effective Herbal Fat Reducer** 



# Herbolean Capsule

Excessive weight & obesity causes many health problems. It not only affects the physical well-being, but also the psychological & emotional health. Obesity is a complex problem & needs to be tackled at various levels. Diet & Exercise can only help to a certain extent. VIRGO has introduced Herbolean Capsule -a comprehensive herbal combination of standardized extracts that helps in losing those stubborn kilos of weight. What's unique about this combination is that it combines the ancient knowledge of Ayurveda & blends it with the modern principles of medicine for weight loss & obesity. Along with diet & exercise, it not only helps you lose weight, it keeps it that way. It is an ayurvedic medicine for weight loss & obesity.



## Trigonella foenum -graecum (Methi) (Saponin 20 %): 50 mg

- Fenugreek is rich in soluble fiber, which is known for promoting weight loss, by causing digestive tract to expand, which leads to a long way to controlling appetite better.
- Furthermore, this thermogenic herb complements exercise & weight loss efforts by increasing energy in the short term & potentially modulating carbohydrate metabolism.
- It also reduces blood sugar levels after eating.



 One recent study have found a link between black pepper & weight loss, with the suggestion being that the Piperine found in Marich extract helps to block fat cell formation. The study identified that Piperine, the pungent element of the spice, could help fight obesity by blocking the creation of fat cells, which are also known as adipocytes.

## Composition: Each capsule contains Standardized extracts of :

Garcinia cambogia	(Kokam)	125 mg
Commiphora wightii (Shude	dha Guggulu)	110 mg
Trigonella foenum-graecum	(Methi)	50 mg
Allium sativum	(Lasun)	50 mg
Compound formulation	(Triphala)	40 mg
Zingiber officinale	(Sunthi)	25 mg
Piper nigrum	(Marich)	25 mg
Piper longum	(Pipali)	25 mg



#### Garcinia cambogia (Kokam) (HCA 50 %) : 125 mg

- It is a very useful herb for loosing weight. The main active extract being used in garcinia is called hydroxycitric acid (HCA) and it works in two ways to promote weight loss:
- First, it suppresses appetite by increasing serotonin levels. Low levels of serotonin are linked to depression & anxiety, which drive many people to eat emotionally. Thus, as your serotonin levels rise, your mood improves & lessens the drive to reach for food during emotional situations
- Second, HCA stops the fat-making process in body by inhibiting a key enzyme called citrate lyase that body needs to make fat from carbohydrates. It also may help lower LDL or "bad" cholesterol.

## SAFE, EFFECTIVE & STANDARDIZED HERBS



## Commiphora wightii (Shuddha Guggulu) (Total Guggulusteron 2.5 %): 110 mg

- It is used as an anti-obesity agent since centuries & reducing fat levels from body. Guggulu is an effective weight loss supplement & helps lowering down overweight without causing any side-effects of discomfort.
- It contains effective fat burning active ingredients called "Guggulosterones". Our capsule contains standardized Guggulu extract which makes it one of the best among other herbal slimming supplements & weight loss products.
- It increases lipid metabolism, induces natural cellular death of fat cells & inhibits formation of new fat cells.



#### Zingiber officinale (Sunthi) (Gingerol 2 %): 25 mg

- It improves digestion and helps to relieve abdominal colic pain. It is antiinflammatory in nature it helps to reduce swelling and edema.
- It is also indicated in as an aid to keep weight under control. The studies have shown that ginger has a positive effect on cholesterol, is effective in weight loss and has no side effects. A more recent study also shows that ginger extract works synergistically and enhances the result of sports for weight loss.

### *Triphala* (Tannin 25 %) : 40 mg

 Triphala literally means the combination of three fruits namely Haritaki (Chebulic myrobalan), Amalaki (Indian Gooseberry) & Bibhitaki (Belleric myrobalan) is useful in removing fats from the body. It corrects the liver metabolism in the liver & helps the body in removing fat deposits. Triphala itself is a cleansing combination of herbs & effective natural weight loss product.



 It is a miraculous Ayurvedic medicine that helps to keep the stomach, small intestine, and large intestine healthy by flushing out toxins. It also helps to boost metabolism, improve immunity, lower cholesterol, and prevent microbial infections.



- It stimulates the satiety hormone which reduces binge eating, sugar cravings, junk food, & oily stuff.
- It releases the norepinephrine, a neurotransmitter which boosts metabolism.
- The allicin present in it lowers blood pressure, cholesterol & insulin levels,
- It helps to dissolve blood clots that lead to heart stroke.



- Pipali, or piper longum, is a warm and aromatic pepper-like herb which scrapes toxic build up from cell walls, arteries and tissues to reduce excess body weight. Pippali enkindles the digestive fire to assimilate more nutrients.
- Piperine is more & more often defined as a strong fat burner. It increases gastric acid secretion & blocks the activity of genes that are responsible for fat formation. It boosts metabolism naturally & stimulates body to burn the maximum amount of calories. The slimming power of Piperine has already been appreciated by weight loss clinics throughout the world.