

# M.Vita<sup>TM</sup>

## Capsule

Energy capsule  
for Vigor, Vitality,  
Power & Stamina



### Mechanism of action:

- Effective combination of vitalizer, aphrodisiac, immuno-modulator and nutritive standardized herbs.
- Improves vigor, vitality and immunity, maintains sexual power and stamina.
- Improves quality and quantity of semen.
- Useful in seminal abnormalities, stress and psychosexual problems, immuno-compromised conditions.

**Dosage :** 2 Capsules two times a day or as advised by the qualified medical practitioner.

**Presentation:** 60 Capsules.



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For further information;  
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Sexual vitality is a vital factor to lead a pleasing sexual life. Some time people lose their sexual vitality due to change in lifestyle and emotional problem. In Ayurveda there is a complete branch to explain the treatment for vigor and vitality is known as 'Vaajikarna'. 'Vaajikarana' is the branch of Ayurveda dealing with the promotion of sexual health and the management of seminal disorders and male sexual disorders and their natural solutions. Ayurveda is the best natural way to treat sexual problems. Both physical and psychological disturbance can be responsible for the weakness.

Herbal supplement can be consumed by adult males and females as this is a nutritive tonic fortified with benefits of herbs well known in Ayurveda for their excellent revitalizing, rejuvenating and aphrodisiac properties.

M. Vita Capsule is an effective natural herbal remedy for complications loss of Libido associated with General debility, Lack of vital energy, Erectile dysfunction, Premature ejaculation, Infertility due to low sperm count and their motility.

### *Asparagus adscendens* (Shwet Moosali) (Saponin 30 %) : 100 mg

- Shwet Musali is a healing plant which is generally used for Sexual Weakness & Impotence.
- It is most important herb described ayurveda for vigor and vitality.
- It is a herb that can boost the immune system. Chlorophytum borivilianum has immunization stimulating properties which can be helpful for overall health.
- It has an androgenic action. It improves testosterone level and helps men with testicular spermatogenic failure. The overall action is to provide strength to the reproductive system and maintain its natural functions. It improves fertility by inducing spermatogenesis & improving motility.



### *Asfaltum punjabinum* (Shuddha Shilajeet) ( Fulvic acid 2 %) : 30 mg



- It is a natural and universal bio-stimulant that improves the male potency, rejuvenates the whole body & urinogenital sphere.
- Based on reports proven by thorough research, it improves the health of people, eases effect of exposure to radiation as well as the known fact that it enhances male potency. The drug also improves the metabolism of the endocrine system, improves digestion, normalizes the vascular tone and provides the body with energy.
- It act as an aphrodisiac, help to increase the libido, alleviates the feeling of fatigue, helps
- In efficient blood circulation, helps to increase the sex drive in the bodies of the males.

### *Withania somnifera* (Ashwagandha) (Total alkaloids 2.5 %, Withanolides 1.5 %) : 80mg



- Ashwagandha have powerful effects on male hormone levels & reproductive health.
- More often than not, the basic problem behind male infertility is the number, structure, and motility of the sperm. Ashwagandha has been seen to improve all these aspects.
- It increases quality of the semen in terms of its biochemical composition – such as amino acids, essential salts, vitamins, and antioxidants.
- It Significantly increased testosterone and luteinizing hormone, which help produce sperm, reduced the levels of follicle-stimulating hormone and prolactin, high levels of which indicate infertility.
- Stress, anxiety, and depression play a key role in sexual dysfunction. This is because these conditions raise the levels of cortisol, the stress hormone, which in turn increases oxidative damage. Ashwagandha can decrease the frequency and severity of instances where stress inhibits male sexual behavior.

### *Sida cordifolia* (Bala) (Alkaloids 0.3 %) : 30 mg



- Sida cordifolia is known as Bala in Ayurveda as it is Balya and gives Bal or Strength. It is a sweet tonic that builds body. Bala is sweet and nourish the deeper reproductive tissues.
- It is health tonic with rejuvenating, anti-inflammatory, libido-enhancing & fat-burning properties.
- Bala has analgesic, aphrodisiac, demulcent, diuretic, nervine, rejuvenative, stimulant, tonic and vulnerary properties. It is main herb for weakness. It gives strength to body, heart, nerves and muscles.

### *Tribulus terrestris* (Gokshur) (Saponin 30%) : 60 mg



- The components in this Ayurvedic herb are researched to increase the seminal fluid and strengthen the spermatozoa.
- It checks the low sex drive in men, improves the quality of sperm, makes the sperm healthier & nimble, increase sexual desire & strength
- It is powerful herbal sex tonic that boosts the sexual energy in men. It helps increasing vigor and virility without any harmful effects.

### *Mucuna prurita* (Kaunch Beej) (Levodopa 20 %) : 80mg



- It is an excellent herb used for the treatment of premature ejaculation. It immensely helps improve the viscosity of semen. It make sperm to be stronger & be alive for a longer period of time.
- It increases male libido by its aphrodisiac action.
- It also reduces stress, anxiety and thus helps in treating psychological causes of erectile dysfunction.

### *Asparagus racemosus* (Shatavari) (Saponin 30 %) : 70 mg



- This herb has proven ability to sustain sexual vitality. On regular use, the effect is prolonged sexual arousal & erections. It cures a variety of sexual dysfunctions.
- It increases the amount of testosterone in men and reduces the inflammation in the reproductive system.
- It heightens the erotic sensations felt by men. Further, it improves the sperm count which aids in the reproductive efforts. This is one of the main Shatavari benefits for men.

#### Composition: Each capsule contains Standardized extracts of :

<i>Asparagus adscendens</i>	(Shwet Musali )	100 mg
<i>Withania somnifera</i>	(Ashwagandha)	80 mg
<i>Mucuna prurita</i>	(Kaunch Beej)	80 mg
<i>Asparagus racemosus</i>	(Shatavari)	70 mg
<i>Tribulus terrestris</i>	(Gokshur)	60 mg
<i>Asfaltum punjabinum</i>	(Shuddha Shilajit)	30 mg
<i>Sida cordifolia</i>	(Bala)	30 mg
Excipients		Q.S.