

Niyamit™

Churna



A Non-habitual laxative

Niyamit Churna is the excellent combination of herbal laxatives, that helps in defecation easy. **Niyamit Churna** is very useful and reliable laxative to relieve all type of constipation.



Packing :
Churna : 100 g
Tablet : 30, 100, 500, 1000 Tablets



"Ayush Standard Mark
Certified Product"

Composition

Senna	(<i>Cassia angustifolia</i>)	50%
Himaj	(<i>Terminalia chebula</i>)	4%
Saunf	(<i>Foeniculum vulgare</i>)	5%
Yastimadhu	(<i>Glycyrrhiza glabra</i>)	5%
Kala Namak		20%
Nisoth	(<i>Operculina turpethum</i>)	6%
Triphala		7%
Ajavayan	(<i>Trachyspermum ammi</i>)	3%
Excipients		Q.S.

NIYAMIT CHURNA

- It helps in chronic constipation.
- It make the defecation easy.
- It reduces acidity due to constipation.
- An excellent herbal laxative

INDICATIONS :

- ✓ Chronic Constipation
- ✓ Indigestion
- ✓ Heaviness in abdomen

DOSE : Churna

Children: 1/4 to 1/2 Teaspoonful with water at bed time

Adult : 1 to 2 Teaspoonful with water at bed time.

DOSE : Tablet

Adult : 2 Tablets with water at bed time.