



SoberexTM Capsule

A reliable & safe,
herbal anxiolytic, anti-depressant & memory enhancer

Mechanism of action on the basis of Pharmacological Study:

- Reduces stress level and tones-up nerves
- Induces sound sleep and reduces high blood pressure
- Recharges brain cell energy effectively
- Relieves mental and physical fatigue
- Improves memory and helps better concentration

Dosage :

1 to 2 Capsules two or three times a day with sweet milk or as advised by the qualified medical practitioner.

Note :

It must be used as an adjuvant therapy along with main allopathic medicines under observation of qualified medical practitioner.

Presentation: 60 Capsules.



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SoberexTM Capsule



For further information;
please contact the Product Management Cell at :
Mahagujarat Ind. Estate, Plot No: 423 / 98 B,
Sarkhej - Bavla Highway, Vill. : Moraiya, Tal. : Sanand,
Dist. : Ahmedabad - 382213. Gujarat (India).
Tel : +91 98250 07270
email : contact@virgouap.com • www.virgouap.com



SobereTMrex

Capsule

SAFE, EFFECTIVE & STANDARDIZED HERBS

Depression and anxiety disorders are different, but people with depression often experience symptoms similar to those of an anxiety disorder, such as nervousness, irritability, and problems sleeping and concentrating. But each disorder has its own causes and its own emotional and behavioral symptoms.

SobereTMrex Capsule is the combination of memory enhancer, anxiolytic, anti-hypertensive and sedative herbs. Due to its wonderful combination of herbs, its very effective in stress related disorders such as anxiety and depression.



***Withania somnifera* (Ashwagandha)**
(Withanolides 2 %) : 100 mg

- It brings down the level of Cortisol- a mainly responsible factor of stress and anxiety.
- Ashwagandha is also used as an “adaptogen” to help the body cope with daily stress, & as a general tonic.
- Ashwagandha contains withanolides and some other chemicals that help calm the brain, reduce swelling (inflammation), lower blood pressure, and alter the immune system.

Composition:-
Each capsule contains Standardized extracts of :

<i>Withania somnifera</i>	(Ashwagandha)	100 mg
<i>Bacopa monnieri</i>	(Brahmi)	80 mg
<i>Convolvulus pluricaulis</i>	(Shankhpushpi)	80 mg
<i>Rauwolfia serpentina</i>	(Sarpagandha)	50 mg
<i>Valeriana wallichii</i>	(Tagar)	50 mg
<i>Acorus calamus</i>	(Vacha)	50 mg
<i>Terminalia arjuna</i>	(Arjun)	40 mg



Convolvulus pluricaulis
(Shankhpushpi) (Bitter 2.5 %) : 80 mg

- It helps enhancing brain powder, improving memory and concentration and increasing ability to recall. Therapeutically, Convolvulus Pluricaulis is beneficial for sleeplessness, stress disorders, mental debility or sensitivity, vertigo, etc.



***Terminalia arjuna* (Arjuna)**
(Tanin 25 %) : 40 mg

- Arjuna is a cardiac tonic. It strengthens heart, useful in angina & high blood pressure. The bark is rich in high in Coenzyme Q10, which reduces BP.



***Rauwolfia serpentina* (Sarpagandha)**
(Alkaloids 5 %) : 50 mg

- Roots are sedative due to presence of several alkaloids and used in treatment of mild to moderate hypertension (high blood pressure), stress, certain forms of insanity and insomnia.



***Valeriana wallichii* (Tagar)**
(Volatile oil 0.5 %) : 50 mg

- It calms the mind, supports better sleep, reduce stress, anxiety and irritability.
- It remove obstruction from nerves and gives relief in pain.
- It is sedative, hypnotic, antispasmodic and tranquilizing.



***Bacopa monnieri* (Brahmi)**
(Bacosides 20 %) : 80 mg

- It contains the saponins called bacosides, which appear to affect certain neurotransmitters in the brain.
- It seems to increase the effects of serotonin, gamma aminobutyric acid and acetylcholine.
- Two recent western human trials have shown brahmi or bacopa to improve memory recall and learning ability as well as to reduce anxiety and relieve tension.



***Acorus calamus* (Vacha)**
(Saponin 5 %) : 50 mg

- It is one of the most renowned herbs used for mental disorders and diseases of the nervous system.
- In the ayurvedic system Vacha is used as a nervine tonic and an anti-stammering drug. Experimental studies have shown that it is a potent psycho-pharmacological agent having a positive effect on the memory & the learning process.